



Dr. Joel Bohlken, Superintendent Sherise Loeffelbein, PK-6 Principal Greg Morris, 7-12 Principal Rob Wegner, Activities Director 202 Commercial St. Palmer, Nebraska 68864 Phone 308-894-3065 **Board of Education**Kathy Wolfe, President
Todd Weller, Vice President

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Superintendent's Newsletter – August/September, 2019

It's Back to School time! Please join me in welcoming our newest staff members: Sheryl Norman, 1st grade; Carissa Valasek, 3rd grade; Juliana Kroeger, Ag/Shop; Beth Wilke, Guidance; Brent Penny, Elem Para; Megan Eaton, Secretary; and Rod Rice, Custodian.

Safety is one of our district's top priorities and to help safeguard our school community, we've added a resource that I want to share with you.

Our district is now using SafeSchools Alert, a tip reporting service that allows students, staff, and parents to submit safety concerns to our administration five different ways:

1. App: Search for "SafeSchools Alert" in the App Store to download for free

2. Phone: 833.266.0421

3. Text: Text your tip to 833-266-0421

4. Email: 1872@alert1.us 5. Web: http://1872.alert1.us

You and your child can easily report tips on bullying, harassment, drugs, vandalism, threats of violence, or any safety issue you're concerned about through SafeSchools Alert. When you submit a tip, be sure to use our district's identification code 1872 in your communication.

Every tip SafeSchools Alert receives about our district is immediately logged in the system and our administration is notified so that they can investigate and take appropriate action. And, tips may also be submitted anonymously if you prefer. Together, we can keep our district a safe place to work and learn! Thanks in advance for your support.

Sincerely,

Dr. Bohlken

[&]quot;Palmer Public Schools... a community that prides itself on commitment, growth, and achievement."

"Hey, Stop Complaining About the Refs"

By Nathan Hart, Hub Sports Writer, Feb 5, 2014

Dear high school basketball fan,

I was at a game the other day — I won't mention which one — and I started hearing complaints coming from fans of one of the schools about the officiating.

You say that's normal, even expected. It's part of the fun, no? Thing is, the game hadn't even started yet.

Yes, they were complaining about the potential for the officials to do a bad job.

There's the rub. It's a sad truth, but the disease of complaining about the officials above all else is pervasive. It's not particular to this area of the country, even to the sport of basketball. But it's still a disease (a curable one), and when it's raging, it's disgusting.

There are lots of good basketball teams in central Nebraska. When they line up against each other, it's a whole lot of fun. It's sport in one of its purest forms. Coaches playing chess games against each other, players diving in the front row to save a ball, 14-year-old freshmen knocking down key free throws against a rival.

It's a beautiful thing to watch.

And yet so much of it is missed because dad/mom/grandpa/local yokel would rather spend the time complaining about the officials and miss the whole beauty of it.

I'm here to tell you: please, don't let that be you. If it is you, cut it out, please, and thank you.

Don't hear this as the ultimate basketball fan killjoy.

Some high school games can be too much like The Masters. That's just wrong. One of the best environments I've seen this year was at Gibbon for the boys' game against Doniphan-Trumbull. The Buffaloes student section was rocking, the place was loud (yes, even during free throws) and the tone was not marked by a constant bickering about the zebras.

It was a big-time game, and it was big-time fun.

Yes, there's a draw to the ranting. There's a feeling of influence, of control. Even statisticians have found that there is a home-team bias from officials at the professional ranks.

But that's the pros. What standards are you setting for students, for the kids sitting next to you in the stands, by berating the officials the entire game, you know, just because that's what you do? What exactly, are you accomplishing, other than a bright red face? What are you proving other than that you have anger problems?

The black-and-white stripes probably aren't out to get you or your son or daughter or your school's team. And I know it's easier to chalk up the loss to the officials than say, your team turning the ball over 25 times.

The refs make mistakes (how dare they), but they've got an NSAA patch on their shoulders for a reason. They're qualified for a tough job.

So, some solutions.

First, coaches, you're not off the hook. From the bleachers, it's easy to see — and hear — from the coaches that include in their game-day repertoire a constant nagging of the officials. If I charted fan complaints with coach complaints, I'd guess there's a strong correlation.

It's contagious. Hey, if our coach is doing it, it must be the thing to do. So high school coaches, stop letting that define every game.

But fan, you don't have to do it, too.

Don't ruin the best \$5 Friday night entertainment around by defining the evening by how poorly the officials did. If the officiating is your main concern and the overriding thought is just how well the three striped people are doing on the court, you're doing it wrong.

Cheer! Go crazy! Hey, I'll even let a barb or two directed the officials' way slide.

Sadly, though, the overriding 'let's complain the entire game about the officials whether my team is winning or losing, but particularly if my team is losing' mentality is one I see over and over and over. Maybe even from you.

So, here's a challenge for the next high school game you go to. Enjoy the spaghetti dinner the school's PTA is sponsoring, buy your popcorn and settle in. And then don't make a single comment about the officials for the entire game. Not to them, not to the person sitting next to you. For the whole game. Guess what? You may not be so red in the face.

And you'll enjoy the game, a lot more than you do so now. I promise.

I could go on and on, but I'm already complaining too much about people complaining.

Sincerely,

The sports writer you can complain about instead.

P.S. Oh, and over-the-back is not a foul.

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The new school year is upon us knocking on the door! We have a few new faces on the elementary wing and some staff changing positions. Mrs. Sheryl Norman will be in first grade with Mrs. Meyer taking over Title I for us. Mrs. Carissa Valasek will be our third grade teacher and Mrs. Dobson is moving to our technology integrationist position. We also have a new guidance counselor, Mrs. Beth Wilke. On Palmer Pride night seek them out and introduce yourself to them! We have already bragged to them about how awesome our community is so they are looking forward to experiencing it for themselves!

A partnership between teachers and parents is vital to student success. We encourage communication so your child can be supported here as much as possible. Frequently, we will send home information so please check your child's backpack. On Powerschool there is a ton of information including grades, attendance, bulletin, lunch balance and much more! You will need to contact Ms. Eaton or Mrs. Umstead for your parent login. Their emails are meaton@palmer.esu7.org or you can do it at Palmer Pride night. You can also contact them if you forget your login and password!

Also, at Palmer Pride night there will be information regarding PTA (Parent-Teacher Association). This group helps teachers out throughout the year. We greatly appreciate their support and encourage you to be a part of it!

We look forward to seeing you at Palmer Pride night and hope that you and your families have made some fun memories this summer.

Sincerely,

Sherise Loeffelbein PK-6 Principal Special Education Director



This summer we've been focusing on preparation for the 2019-20 school year. I find myself shaking my head sometimes that it could actually be 2019. I can remember thinking "what will it be like in the year 2000" and here we are in 2019. Wow, time flies doesn't it!!

I am excited to introduce you to two new additions to the secondary staff in Mrs. Beth Wilke, who will be our School Counselor and Mrs. Juliana Kroeger, our Agriculture teacher. Mrs. Wilke comes to us from Wood River High School where she was a Junior High English teacher and Mrs. Kroeger will be starting her first year of teaching. When you see their new faces here at PHS, please take the opportunity to introduce yourself and welcome them to Palmer America.

We've added two new required courses for Juniors this school year. First semester, they will be required to take Earth Science and second semester they will be required to take ACT Prep. We've added these courses because the state is testing us on new Earth Science standards and we felt if the state was going to make ACT a graded event then we needed to prepare our students.

We've also added a couple of rewards/motivational changes in that any 7-12 graders that misses only 5 or fewer school days for the whole school year will be rewarded by getting out of school the last 2 school days. We also felt it was important to reward those juniors that we're proficient in all subject areas on the ACT with not having to take a first period class.

I'm sure the school year of 2019-20 will be another outstanding year and we look forward to seeing everyone at one of our school events this year. Enjoy the rest of the summer!!

Mr. Morris Secondary Principal

Meet the Counselor: Beth Wilke

Hey everyone! I will be the new school counselor next year, and I couldn't be more excited.

First off, my name is Beth Wilke. I have been in education for seven years (starting my eighth here). Before deciding to pursue my degree in counseling, I was a secondary English teacher. I love love love to read. If I have any free time you can catch me reading, so please feel free to add to my ever growing list of new books to read.

I currently live in Grand Island with my husband, Derek, our five year old (turns 6 September 1) Parker, and our cat John. Parker will start Kindergarten here in the fall. I am very excited to have us starting this new chapter together. Parker is super wild, loves to run, and loves dinosaurs.

Other than reading books, I enjoy eating and working out (contradiction there with eating - but it all balances out, right?;)). I enjoy a good binge of shows on Netflix. I am currently watching *Imposters*. I am super girly - shopping, pedicures, etc. And then obviously just love spending time with my family. Parker and I spent the summer riding bikes, swimming at the pool, building legos, and acting out Jurassic Park.

Feel free to stop in and say hi! I look forward to getting to know all the teachers, students, and community of Palmer.

Starting the School Year Off Right

- 1. **Get to know the teacher -** Stop in, meet them, send an e-mail. Make sure you build rapport and a relationship with your child's teacher and students build that relationship with the teacher. If you have any questions or concerns let the teacher know. Building that relationship will help the school year run smoothly.
- 2. Know your child's friends Plan a weekend play date, even if it's only for an hour or two, and don't let the kids hide away downstairs or up in your kiddo's room. Make a snack together, play a game together, or pull out a craft to do together.

 Get to know these little friends now, and listen to how everyone interacts. If necessary, jump in if you don't like what you're hearing and talk about how kind friends speak to each other, how to share. or how to take turns. Ignoring behavior we're not comfortable with is just like saying it's okay.
- 3. **Eat at least two dinners together each week -** It's hard. *Verrrry* hard, I know, with soccer practices, lessons, and late work days. But sitting down to dinner as a family has been proven to lead to healthier kids, happier families, and stronger family relationships.
- 4. **Make a home for everything -** When your kiddo walks in the door, shoes make a beeline for the shoe shelf, lunchbox gets emptied then heads to his landing pad on the counter, backpack drops in the box. No questions asked.
- 5. Create a structured time and place for homework For some, it works to get homework completed immediately after walking in the door and finishing snack; for others, homework's best saved for after dinner. It doesn't matter when you choose—just make a choice and stick with it. Everyone fares better with routine, so start one for homework asap.

Source: Mascot, A. (2012). "How Every Family can Start the School Year Off Right". *Teacher Mamma: Learning in the everyday.* Retrieved from https://teachmama.com/how-to-start-the-school-year-off-right/

PALMER PRIDE NIGHT Monday, AUGUST 12TH 6:00-8:00 PM

Please join the faculty and staff of Palmer Public School for our 2019-2020 School Year Kickoff Event:

"Education Takes You Places"

It promises to be a fun-filled family evening.

Activities will include:

Meet the Teachers
Free Food
Family Pictures
Raffle Prizes
Laptop Checkout (Grades 7-12)
And Much More!

New Students Welcome! Bring the Whole Family!

We will be accepting cash, credit and checks for computer fees, lunch money, ect. Please make separate checks per lunch money, computer fees, ect.

PALMER PUBLIC SCHOOL

Tiny Tigers Preschool-Mrs. Lizzy Shotkoski

I have so much to share with you as this school year is set to begin! Here are a few helpful pieces of information about the Tiny Tigers Preschool program.

Location-All preschool classes will be located at our Tiny Tigers Early Learning Center, across the street from the K-12 building. This facility is equipped with classrooms for 2 preschool groups. It has its own cafeteria, indoor recess space, library, lunchroom, and a fenced outdoor play space.

Teachers-Ms. Dawn Tedmon is our PreK 3 teacher, she will be assisted by Mrs. Niki Yarns. I will be assisted by Mrs. Kelly Kunze, and Mrs. Sadie Schrader in PreK 4. We are all so excited to spend this year helping our community's littlest learners grow!

Classes-PreK 3 is for students who are age 3 prior to August 1st. There is a morning session, and an afternoon session of PreK 3. Sessions run from 8:00-11:30 and 12:00-3:30. PreK 4 is for students who are age 4 prior to August 1st. PreK 4 has one session running preschool focus hours from 8:00-1:00 and supplemental activities until the end of the school day. If families wish to pick up their child after focus hours are concluded they are welcome to do so.

Transportation-All preschool students are welcome to ride the AM and PM public school bus routes. A midday route will run to and from eligible daycare centers for PreK 3 students. Transportation will not be provided by the school at the conclusion of PreK 4 focus hours at 1:00.

Schedule-The preschool program will operate Monday through Thursday. There are no preschool classes on Fridays. We follow the same schedule as the K-12 students in terms of late starts, early outs, and days off. The first day of preschool is set for Monday August 19th. This is NOT the same date as the start for K-12 students.

Curriculum-We follow a play based curriculum...yes our students play most of the day! Learning through play is what is developmentally appropriate for preschoolers. As preschool teachers we provide hands on play experiences that foster development in academic, emotional, social, physical, and language skills.

At Tiny Tigers Preschool we are committed to teaching through play and student discovery. We believe that a caring mutually respectful atmosphere promotes the learning process. We feel families are a vital partner in the education of their child and strive to make those home connections strong. We cannot be more excited to get this school year underway, see you soon!



ATTENTION PARENTS OF STUDENTS IN GRADES 7-12!

If your child(ren) is in grade 7-12 and participates in any extracurricular activity, you are automatically a member of the Palmer Booster Club!

Meetings are held four times a year in the Chochon Room at 6:30 pm.

Please check your email, ebulletin, or the Palmer Tiger Facebook page for any upcoming meeting dates & times.

Our mission is to be an action-oriented group of parents that work together to enhance and expand the academic, social and athletic programs that are

available to each individual student at Palmer Public School.

ANNUAL NOTIFICATION OF ASBESTOS MANAGEMENT PLAN AVAILABILITY

Federal regulation requires all schools to inventory asbestos containing materials and develop Management Plans to identify and control asbestos containing materials in their building. The District's Facilities were re-inspected and the Asbestos Management Plan was updated on December 12, 2018. The report is available for inspection (without cost) to the general public and employees. Independent copies will be made available upon request within five working days by contacting custodian: Vicki Fellers, Palmer Public School, Asbestos Coordinator, Phone 308-894-3065. (The school may charge for photocopies of the plan)

BIRTH CERTIFICATES

State law requires that a certified copy of a student's birth certificate be used when enrolling a new student in school. If your child is registering with Palmer School for the first time, you may obtain this document from the Bureau of Vital Statistics in the state in which your child was born. Assistance in obtaining birth certificates may be obtained from Health Records Management, P.O. Box 95065, Lincoln, NE 68509-5065. There is a fee per certificate.

Certificate d	of Birth
Name	Sex of Birth istrict
IRegistrar of Births and De do hereby certify that the above particulars have been compil Witness my hands thisday of	ed from an entry in a registrar in my custody.
Note: Any person (1) who falsifies any of the particular, pag this contificate, or (2) was a falsified contificate as true, bosvsing it to be false, liable to prosecution.	Registrar of Births & Deaths
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Please note: The document parents receive from the hospital looks like a birth certificate, but it is not a certified copy. A certified copy has the raised seal of the state of Nebraska on it and is signed by the director of vital statistics.

If a birth certificate is unavailable, other reliable proof of a student's identity may be used. These documents could include naturalization or immigration documents showing date of birth or official hospital birth records, a passport, or a translation of a birth certificate from another country. The documents must be accompanied by an affidavit explaining the inability to produce a copy of the birth certificate.



The Palmer School district is looking for unidentified children with special needs as it participates in "Nebraska Childfind". This is an ongoing statewide search for all unserved handicapped children, age's birth through 21.

Children who would benefit from special educationservices may not be receiving them because parents may not know of available programs or because they do not recognize the handicapping condition(s) of their children.

Special programs are available through public school for handicapped children whose impairments pose

restrictions on learning.

These impairments include:

Speech/Language disorders; Hearing/Visual impairments; Specific Learning disabilities; Retardation; Behavioral disorders; Physical handicaps and severe or multiple handicaps. Nebraska law guarantees a free appropriate public education to all children.

Parents who feel their children should be receiving special education services are asked to contact the Palmer School District. Nebraska Childfind provides information also through their toll free number, 888-806-6287.

Schools are DRUG FREE ZONES

It shall be the policy of Merrick County School District No. 49, to absolutely prohibit the unlawful possession, use, or distribution of illicit drugs or alcohol on school premises or as a part of any of the school's activities. This shall include such unlawful possession, use, or distribution of illicit drugs and alcohol by any student of the District on District property, during regular



school hours, during after school hours, and at school-sponsored activities. Palmer Public School declares all of our school buildings to be smoke-free, including electronic cigarettes or vapor devices. We would appreciate your help in meeting the goal of a smoke and tobacco free environment for our children.

Notice of Nondiscrimination

Students, their parents and employees of School District #49 are hereby notified that this school district does not discriminate on the basis of sex, handicap or race and is required by Title IX, Section 504 and Title VI not to discriminate on the basis of sex or handicap in admission or access to, or treatment or employment in, its programs and activities. Any person having inquiries concerning School District #49's compliance with title IX and Section 504 and Title VI is directed to contact Superintendent Dr. Joel Bohlken, 201 Commercial St., Palmer Public School, 202 Commercial St. Palmer, NE 68864, phone 308-894-9053. Superintendent Dr. Joel Bohlken has been designated by School District #49 to coordinate the school district's efforts to comply with Title IX, Section 504 and Title VI.

PHONE CALLS

Students at Palmer Public School are expected to be respectful, responsible and resourceful. However, on occasion, students will forget things such as band instruments, laptops, permission slips, ect. Use of the office phone will be allowed for such calls but repeated occurrences will result in administrative intervention to discourage further occurrence. A telephone/intercom system is in each classroom. Students are prohibited from using this system unless permission is given by the teacher or in case of an emergency (dial 911). Students will not be called to the telephone during class periods except in case of emergency. When students are sick they will go to the office and school personnel will call their parents. Calls concerning doctor's appointments, work, etc. will be done before school, after school or during lunch. Administrative discretion will be used to allow students the use of the phone during the school day. Teachers will not allow students to use a school phone unless directed by the teacher to do so.

PARENT ACCESS TO POWER SCHOOL

If you are interested in being able to see your child's grades, attendance, lunch balance and the daily school bulletin through your web browser from home or any computer with internet access, contact Megan Eaton or Sara Umstead, Office Secretaries at Palmer Public School: meaton@palmer.esu7.org, sumstead@palmer.esu7.org or call 308-894-3065 for the URL, ID and password. You do not need a new ID and Password every year. If you have previously been a Power School user, please continue to use your ID and Password from the previous year. If you have forgotten your ID and Password or are a new Power School User, please contact Megan or Sara and they will set it up for you.

TITLE I

Title I is a federally funded program that targets student achievement. During the 2019-2020 school year Palmer Public School will participate in a school wide Title I program. This means that any student who is showing academic need throughout the year qualifies for extra help. In previous years certain students were targeted based on their skills from the preceding grade. Students will no longer be targeted at the beginning of the year. Instead, when they reach a topic that proves tough for them they will receive support through Title I. Support through Title I include:

- Co-teaching: having two teachers in the classroom.
- Class size reduction through breaking a lesson into two groups
- > Pull out skill pre-teaching or re-teaching
- > Extra assistance on worksheets

We believe with this extra help and your support at home your child will preform to the best of her/his ability.

VISITING SCHOOL

Parents and Grandparents are invited to visit school at any time. A door-lock and security system has been installed for the safety of our students. For entrance during school hours, please push the button to the immediate left of front (center) entrance. This button will activate one-way audio communication with front office personnel. All visitors will be required to wear a visitor's badge. If you do not have a badge on, staff will stop you and ask you to report to the main office. This is for the protection of students and staff. You are welcome to eat lunch with your child/children. Adult meal prices are as follows:

Adult Lunch: \$3.70 Adult Seconds: \$1.20 Extra Milk: \$.70

VI	SITOR
Name:	
Destination:	
Date:	Time In:

RITA'S PHOTOGRAPHY

FALL SPORTS PICTURES

WEDNESDAY, AUGUST $21^{\rm ST}$ DON'T FORGET YOUR FALL SPORTS UNIFORMS! JH @ 2:40 PM, HS @ 3:30 PM





SCHOOL PICTURES

FRIDAY, AUGUST 16TH (K-12) COME LOOKING YOUR BEST!

PRE-K PICTURES

WEDNESDAY, AUGUST 21st



RETAKES

WILL BE ANNOUNCED AT A LATER DATE.



ATHLETES PHYSICAL REMINDER:

All Students in grades 7-12 planning to participate in any NSAA Sanctioned activity is required to have a physical on file with the school before they will be allowed to participate in that activity.

Physical forms are available on the school website or in the school office. August 12th is the first day for the following fall activities: Softball, Football, Cross Country, and Volleyball.

PHYSICAL EXAMINATION

REQUIRED FOR:

KINDERGARTNERS, SEVENTH & ATHLETICS

Nebraska State Law requires evidence of a visual evaluation by a physician, a physician assistant, an advanced practice registered nurse or an optometrist, within six months prior to the entrance of the child into the beginner grade or, in the case of a transfer from out of state, to any other grade, must be furnished to the school unless the parent or legal guardian submits a written statement objecting to a visual evaluation. The visual evaluation is to consist of testing for amblyopic, strabismus, and internal and external eye health, with testing sufficient to determine visual acuity.

A physical examination by a doctor or a licensed physician's assistant is required for all students at "grade of entrance", upon entrance to seventh grade and students new to school in Nebraska. Statute does not define "grade of entrance" and this may mean either Kindergarten or Preschool. Law requires that this physical must be completed before a student may enroll in school. Parents may sign a waiver to exempt students from this physical required for admission to school.

Low-income families who qualify should contact Kids Connection at 800-632-5437 to receive information regarding fee or reduced-cost visual and physical evaluations.

Any student planning to complete in athletics in grades 7-12 is required to have a physical exam before the student can practice with the team. The physical for athletics cannot be waived. One physical will meet the requirements for both admission and athletic competitions. Forms are available at the Palmer Public school main office for examinations.

STUDENT ACCIDENT INSURANCE

Palmer Public School does not provide any type of health insurance or accident insurance for injuries incurred by your child at school.

We encourage all families to have accident coverage on their child/children prior to participation in any sports or school sponsored activity. Families may purchase Student Accident Insurance to supplement their own primary health insurance. Students out for football or volleyball will receive Student Accident application forms at the first day of practice. All other Students will receive them in their packets on Palmer Pride Night. Football coverage, grades 9-12 is \$250.00. The Athletic department will pay half the premium (\$125.) as they have in the past.

IMMUNIZATION

RULES & REGULATIONS

The Board of Education, in compliance with Nebraska law, requires each student be protected against measles, mumps, rubella, poliomyelitis, diphtheria, pertussis, tetanus, Hepatitis B and varicella by immunization prior to enrollment. Any student not in compliance shall not be permitted to continue in school until this requirement is met (79-444.01). Students shall be provisionally enrolled if the immunization procedure has commenced and continues as rapidly as possible (79-444.07). Families shall be notified of this requirement prior to the date of registration (70-444.01). Immunization shall not be required for enrollment if: (1) The school is provided with a written statement signed by a licensed physician, physician's assistant or nurse practitioner that the immunization would be injurious to the health and well-being of the student or any member of that student's family; or (2) The school is provided with a written affidavit signed by the student, or, if a minor, by the legal representative of the student, that the immunization conflicts with the tenets and practices of a recognized religious denomination and that the student is a practicing member of that religion (79-444.08).

The cost of such immunization shall be borne by the student's parent or guardian or by the Department of Health in situations where such cost would prohibit immunization (7999-444.01).

Summary of the School Immunization Rules and Regulations

Student Age Group Required Vaccines 2019-2020

Ages 2 through 5 years enrolled in a school based program not licensed as a child care provider

- 4 doses of DTaP, DTP, or DT vaccine
- 3 doses of Polio vaccine
- > 3 doses of Hib vaccine or 1 dose of Hib given at or after 15 months of age
- 3 doses of pediatric Hepatitis B vaccine
- ▶ 1 dose of MMR or MMRV given on or after 12 months of age
- ➤ 1 dose of varicella (chickenpox) or MMRV given on or after 12 months of age. Written documentation (including year) of varicella disease from parent, guardian, or health care provider will be accepted.
- ➤ 4 doses of pneumococcal or 1 dose of pneumococcal given on or after 15 months of age

Students entering school (Kindergarten or 1st Grade depending on the school district's entering grade)

- > 3 doses of DTaP, DTP, DT, or Td vaccine, one given on or after the 4th birthday
- > 3 doses of Polio vaccine
- > 3 doses of pediatric Hepatitis B vaccine or 2 doses of adolescent vaccine if student is 11-15 years of age
- > 2 doses of MMR or MMRV vaccine, given on or after 12 months of age and separated by at least one month
- ➤ 2 doses of varicella (chickenpox) or MMRV given on or after 12 months of age. Written documentation (including year) of varicella disease from parent, guardian, or health care provider will be accepted. If the child has had varicella disease, they do not need any varicella shots.

Students entering 7th grade

- Must be current with the above vaccinations AND receive
- 1 dose of Tdap (contain Pertussis booster)

Students transferring from outside the state at any grade MUST be immunized appropriately according to the grade entered.

Source: Nebraska Immunization Program, Nebraska Department of Health and Human Services. . For additional information, call 402-471-6423.

The School Rules & Regulations are available on the internet: http://dhhs.ne.gov/Pages/reg_t173.aspx (Title 173: Control of Communicable Diseases - Chapter 3; revised and implemented 2011) Updated 01/26/2018

MEDICATIONS

Whenever possible, parents should arrange medication schedules to eliminate the need for giving medication during school hours. When necessary, it shall be the policy of the Palmer Public Schools to adhere to the following guidelines regarding the administration of prescription and non-prescription medication to students:

- 1. The school will not provide non-prescription medication for students.
- 2. Any prescription or non-prescription (over-the-counter) medication sent to school by a parent/guardian should be sent in the original container, along with a note signed by the parent/guardian with complete instructions as to dosage, time, etc.
- 3. An authorization form must be completed and placed on file in the Administration office for those students who require a routine (daily), long-term (more than fourteen days) medication (i.e. insulin, Ritalin, inhalers, etc.) during school hours. This form is to be renewed annually. (See Attachment A)
- 4. The school will maintain a record of the administration of medication to students during school hours that includes the student's name, name of medication with dosage and date and time of administration. The medication record is initiated via the school secretary or the designated school personnel administering the medication. All medication logs will be filed and retained for a minimum of five years.
- 5. In the absence of the school secretary, the school administrator in collaboration with the school secretary will designate other school personnel who may assist the student with medication. Designated school personnel will receive in-service from the county nurse prior to providing such assistance. The in-service will include:
 - a. Method of administration.
 - b. Possible signs and symptoms of adverse side effects, omissions, or overdose.
 - c. Proper handling and storage.

NOTE: The Palmer Rescue Squad wants the community to be aware of the locations of several heart defibrillators located in Palmer. They are at the Palmer School, baseball concession stand, DXI, the Palmer fire barn, Trotters and Palmer Service Center. These defibrillators are very user friendly and could save someone's life in the case of a cardiac arrest.

FREE/REDUCED LUNCH APPLICATIONS

Palmer Public Schools has agreed to participate in the National School Lunch Program and accepts responsibility for providing free and reduced price meals to eligible children in the schools under its jurisdiction. The school food authority assures the State Department of Education that the school system will uniformly implement state and federal guidelines to determine children's eligibility for free and reduced price meals in all National School Lunch Programs.

In accordance with Federal law and U S Department of Agriculture policy, Palmer Public Schools is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, DC 20520-9410, or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

Palmer offers a Breakfast Program, Hot Lunch Program and milk break each day. All meals and extra milk must be paid in advance in the office. No student will be allowed to charge at any time. Applications for Free and Reduced Priced Meals are available in the office. Applications will be accepted throughout the school year. To receive an application please contact Brittany Friedrichsen at 308-894-9053, or send an email to bfriedrichsen@palmer.esu7.org.

The applications for the Free & Reduced Lunch Program will be available at Palmer Pride Night, August 12th. We ask all families to fill out the form, even if they believe they won't qualify. The information is strictly confidential and will not be shared. The larger percentage of families that fill out the application, the larger the savings for the school. The school greatly appreciates your time and effort to save money!

2019-2020 Lunch Prices

PK-6 Breakfast-\$1.70 PK-6 Lunch-\$2.65 Pk-6 Seconds-\$1.00

7-12 Breakfast-\$1.90 7-12 Lunch-\$2.85 7-12 Seconds-\$1.20

Adult Breakfast-\$2.40 Adult Lunch-\$3.70 Adult Seconds-\$1.20

Extra milk-\$0.70

NOTES FROM THE OFFICE: As the 2019-2020 School Year approaches we would like all parents to be aware that hot lunch money is due prior to eating lunch. We will not allow students to eat lunch this year if their account has fallen to a negative balance. If your child's lunch account falls to a negative balance the lunch room will be notified and your child/children will be refused lunch.

You can keep track of your children's lunch accounts by signing up for Parent Power School. Also, you may call or visit the office to check out your child's hot lunch balance. Those parents who sign up for Parent Power School will automatically be notified by email and/or mail. Please be aware that if your child's hot lunch account does fall below \$0, you will receive a phone call. Thank you.



REMINDER: All families with students planning to ride the bus to or home from school need to let the school know by Thursday, August 1st so that routes can be determined prior to Palmer Pride Night. Thank You!

As a reminder, the following expectations of students riding the bus:

BUS RULES

Transportation is a very important function in a district such as Palmer, and it takes the cooperation of everyone in it to perform safely and efficiently. In order for safety to prevail in the program, it is important that student behavior on the bus follow very closely to student behavior in the classroom. It is our opinion that riding the bus is a privilege rather than a right; therefore, students who cannot follow rules will be removed from the bus and will have to use other means of transportation to and from school.

Listed below are the basic rules of conduct expected of students riding the bus, and it will be appreciated if all students and parents will help to see that they are followed.

- Under the direction of the driver, students may be assigned seats, if the driver fells this is necessary.
- Students must be on time; the bus cannot wait for those who are tardy.
- Outside of ordinary conversation, classroom conduct is to be observed by students. Any pupil guilty of unbecoming conduct or using inappropriate language will forfeit the privilege to ride on the bus. No gum, candy, or other food or drink is allowed without the driver's permission.
- Unnecessary conversation with the driver is prohibited.
- Students must not throw waste paper or rubbish on the floor of the bus, or put anything in the aisles.
- No students will, at any time, extend arms, head, or other parts of the body out the bus windows.
- Students must not get on or off or move about within the bus while it is in motion.
- When leaving the bus, students should cross the road ten feet in front of the bus, look both ways and make sure it is safe. **DO NOT CROSS BEHIND THE BUS.**
- The driver is in full charge of the bus and students. Students are to comply promptly, cheerfully, and fully with his/her requests.
- If monitors or patrols are on duty, students must obey and respect their orders.
- Any damage to the bus is to be reported at once to the driver.
- Students will be especially quit when the bus is stopped at a railroad crossing so the driver can hear oncoming trains.
- No student will leave the bus other than at the assigned stop or at his/her school without the permission of the driver.

PENALTY: Violation of the above rules will render the student immediately liable for temporary or permanent debarment from riding the bus.

Extra Curricular/School Activity Trips

School buses with adult sponsors will be permitted to leave for extra curricular/school activity trips. School bus drivers are instructed not to leave unless an adult supervisor is present in the bus. The sponsor needs to leave a complete list of passengers in the office before departure. While transporting students in the Interstate, maximum speed limit will be 65 mph.

ACTIVITY PASSES 2019-2020

Enjoy watching the Palmer Tigers compete? Want to save a little money? Why not buy an activity pass?!?! Activity passes for the 2019-2020 school year are now available. Passes may be purchased at the Palmer Pride Night, as well as throughout the school year at the main office. Passes will be required to be shown at each event. Please call the main office

with any questions, 308-894-3065.

Varsity Adult \$5
Varsity Student \$5
JV only Adult \$4
JV only Student \$3
JH only Adult \$2
JH only Student \$2
Adult All Season Pass \$80
Senior Citizen All Season Pass \$40
Student All Season Pass \$40



Palmer Public School will be accepting credit card payments and direct debit from your checking accounts online. The link to set up your accounts and payments will be located in the front page of the palmertigers.org website. This link will take you to a secure website where you'll be able to login and select your payment options. You'll be able to pay multiple bills, all with one payment/direct debit. The convenience fee, paid by the parent/guardian, will be \$1 for direct debit form a checking account and will be \$2.45/\$100 per transaction for credit card payments. As always, please don't hesitate to contact us with any questions...Brittany Friedrichsen can be reached at 308-894-9053 or by email, bfriedrichsen@palmer.esu7.org.

PALMER PUBLIC SCHOOL ELEMENTARY STUDENT SUPPLY LIST 2019-2020

Physical Education Shoes Required for K-6!! All students are required to have a separate pair of gym shoes for indoor Physical Education. These should be clean, non-marking shoes.

NO TRAPPER KEEPERS or PENCIL BOXES for all grades, unless otherwise noted

Pre-School (Shotkoski-PK4/Tedmon-PK3)

1 Book Bag 1 Large Box Kleenex 1 Change of Clothes

Kindergarten (Hake)

1 Book Bag (large enough for 8 1/2 X 11 papers)

Kindergarten (Hake)

1 Box of Treats (to share at snack time)

1 Book Bag (large chough)

1 pair of headphones (not earbuds)

***Dlease mark all supplies with the state of the state of the supplies with the state of the state ***Please mark all supplies with your name.

First Grade (Norman) 1 Lrg Box Kleenex 1 Crayon/Pencil Box

1 Pocket Folder 1 Container Clorox/Lysol Wipes Backpack

1 pair of headphones/ear buds (fit in pencil box) ***Please mark all supplies with your name.

Second Grade (Bader)

1 Lrg Container Clorox Wipes 1 backpack 2 Lg. Box Kleenex

1 pencil box (approx. 8.5" x 5") 1 pair headphones (fit in pencil box) 1 pkg markers

1 dz #2 pencils sharpened (no designs please)***Please mark all supplies (except pencils) with your name.

Third Grade (Valasek)

1 Container Clorox Wipes 1 Lg. Box Kleenex 2 doz. #2 Pencils (sharpened)

1 Folder 1 Set Headphones for Computers 1 Notebook

***Please mark all supplies with your name.

Fourth Grade (B. Thompson) 1 Set Earphones

2 dz #2 Pencils (NO Mechanical Pencils please) 1 Red Ink Pen

4 Pocket Folders 1 Lg. Pink Eraser 2 Lg. Boxes Kleenex 1 Glue Stick 1 pkg Loose Leaf paper 1 Container Clorox Wipes

Fifth Grade (Rolf) 4 Pocket Folders 2 Black Ink Pens 2 Lg Boxes Kleenex Erasers 1 pkg loose-leaf paper 2 Red Ink Pens Earphones

1 doz. #2 Pencils 2 Packs of Lined Notecards 4 Notebooks

1 container Clorox wipes *Mechanical pencils allowed (must be 0.7 mm)*

5th Grade Band Students: You will need to have an instrument purchased by the first day of school along with the correct method book (may be purchased at Ron's Music (Essential Elements 2000 - yellow))

Sixth Grade (Samuelson) 2 Large Boxes Kleenex 1 Container Clorox Wipes 2 Red Ink Pens Earphones/Headphones 2 Pocket Folders

1 pkg wide-rule loose leaf paper 3 Notebooks

PALMER PUBLIC SCHOOL SECONDARY STUDENT SUPPLY LIST 2019-2020

All 7-12 Grade students will need to have one pair of headphones or ear buds

English 7-10, 12				
 1 box of kleenex 2 packa 1 3" binder (9th-1" binder or 1 package of pens 1 packa 	oly) 1 package	e of loose-leaf pa	per (7-8 only)	
<u>7-12 Math</u>				
Paper (loose leaf or notebook Calculator (TI30X-IIS for 7-9, Gr 1 2" binder and package of di	aphing TI83 or TI84 for 1	0-12)		
Reading 7 & 8				
1 1" binder 1 pkg of note cards	1 pkg of pens 1 pkg of pencils			
7-12 Science (excludes Phy	sics)			
1 pkg of college-ruled paper 2" binder	Pens 1 pkg dividers for	Pencils binder	1 two-pocket folder 1 cloth book cover	
English 11 1 box of Kleenex 1 binder (1") 1 package of pens	1 package of note 1 package of pend 1 set of highlighte	cils		
<u>Speech</u> Highlighters 1	pkg of notecards	1 pkg	Pens	

7-11 Social Sciences

1 Box of Kleenex

Members of the Board of Education:

Kathy Wolfe - President Brian Friedrichsen - Treasurer Todd Weller - Vice-President Heather Shotkoski - Member Ashley Wissing - Secretary Daniel Hake - Member

2019-2020 Palmer Public School Board Meeting Schedule

Monday September 9th @ 7:00 PM Monday August 12th @ 7:00 PM Monday October 14th @ 7:00 PM Monday December 9th @ 7:00 PM Monday November 11th @ 7:00 PM Monday January 13th @ 7:00 PM Monday February 10th @ 7:00 PM Monday March 9th @ 7:00 PM Monday April 13th @ 7:00 PM Monday May 11th @ 7:00 PM Monday June 8th @ 7:00 PM Monday July 13th @ 7:00 PM

2019-2020 Palmer Public School Personnel

Administrative Staff:

Dr. Joel Bohlken, Superintendent Sherise Loeffelbein, PK-6 Principal/K-12 SPED Coordinator Greg Morris, 7-12 Principal/K-12 Curriculum Coordinator Rob Wegner, K-12 Activities Director Beth Wilke, K-12 Counselor

Teaching Staff:

Elizabeth Shotkoski, Early Childhood Juliana Kroeger, 7-12 Ag ED

Dawn Tedmon, Early Childhood James Chvala, 7-12 Foreign Language/DL

Natalie Bohlken, 7-12 Resource Whitney Hake, Kindergarten Sheryl Norman, Grade 1 Jaime Green, 7-12 Language Arts

Kim Bader, Grade 2 Cindy Doggett, 7-12 Math / Assessment Coordinator

Nathan Glause, 7-12 Business / Technology Carissa Valasek, Grade 3 Mary Gregoski, K-12 Media/ 7-12 Lang Arts Brenda Thompson, Grade 4 Brandon Rolf, Grade 5 Luke Thompson, 7-12 Social Sciences

Joanie Samuelson, Grade 6 Kristin Reimers, 7-12 Natural Sciences

Melissa Kriz, K-6 Resource Hayley Royle, Middle School Math & HS Science

Becky Meyer, Title I Jim Sake, Health/PE & Weight Training Anna Sake, Music (K-12) Rob Wegner, Health/PE & Weight Training Kayla Dobson, Technology Integrationist

Support Staff:

Brittany Friedrichsen, Secretary/Bookkeeper Sara Umstead, Office Secretary

Judy Bennett, SpEd Para/Bus Driver Jeanne Happ, Library Aide

Elwin Beed, Assistant Custodian Cathy Blauhorn, Bus Driver Veronica Lane, SpEd Para

Jody Tibbetts, Nutrition Services Assistant Janet Eckstrom, PK Nutrition Services

Kimberly Sullivan, Elementary Para

Nicole Yarns, Preschool Para

Megan Eaton, Office Secretary

Kelly Kunze. Preschool & SpEd Para/Driver

Trish Harrahill, SpEd Para Vicki Fellers, Head Custodian Rod Rice, Assistant Custodian

Charlie Berney, Bus Driver & DL Art/Aide Candice Muller, Nutrition Services Manager Trish Campa, Nutrition Services Assistant

Brent Penny, SpEd Para

Sadie Schrader, Preschool Para